

Exploded View and Parts List

Overall

— 6 —

ItemNo.	Grade No.	Part No.	Description	QTY
13	13	ES20003600	Adjustable Tube	2

Overall

— 7 —

ItemNo.	Grade No.	Part No.	Description	QTY
48	48	GB5780M10*45DS20	Hex Head Cap Screw M10*45	4
50	50	GB5780M10*70DS20	Hex Head Cap Screw M10*70	12
51	51	GB5780M10*75DS20	Hex Head Cap Screw M10*75	4
55	55	GB5780M10*125DS20	Hex Head Cap Screw M10*125	2

Right Standing Frame || ASSY

— 10 —

ItemNo.	Grade No.	Part No.	Description	QTY
4	2.4	GB5780M10*45DS20	Hex Head Bolt M10*45	3
5	2.5	GB5780M10*75DS20	Hex Head Bolt M10*75	1

Right Standing Frame | ASSY

— 10 —

ItemNo.	Grade No.	Part No.	Description	QTY
2	2.1.2	026-01PL2565	Plug	1

Left Standing Frame || ASSY

— 11 —

ItemNo.	Grade No.	Part No.	Description	QTY
4	3.4	GB5780M10*45DS20	Hex Head Bolt M10*45	3

Left Standing Frame | ASSY

— 11 —

ItemNo.	Grade No.	Part No.	Description	QTY
2	3.1.2	026-01PL2565	Plug	1

Exploded View and Parts List

Barbell Frame ASSY

— 14 —

ItemNo.	Grade No.	Part No.	Description	QTY
2	8.2	ES20004900	Plug	1

Right Sliding Frame ASSY

— 16 —

ItemNo.	Grade No.	Part No.	Description	QTY
4	18.1.4	ES20004600V1	Adjustable Plate	1

Swing Frame ASSY

— 17 —

ItemNo.	Grade No.	Part No.	Description	QTY
4	18.2.4	GB5780M10*45DS20	Hex Head Bolt M10*45	2

Left Sliding Frame ASSY

— 18 —

ItemNo.	Grade No.	Part No.	Description	QTY
4	19.1.4	ES20004600V1	Adjustable Plate	1

Pulley Frame ASSY

— 21 —

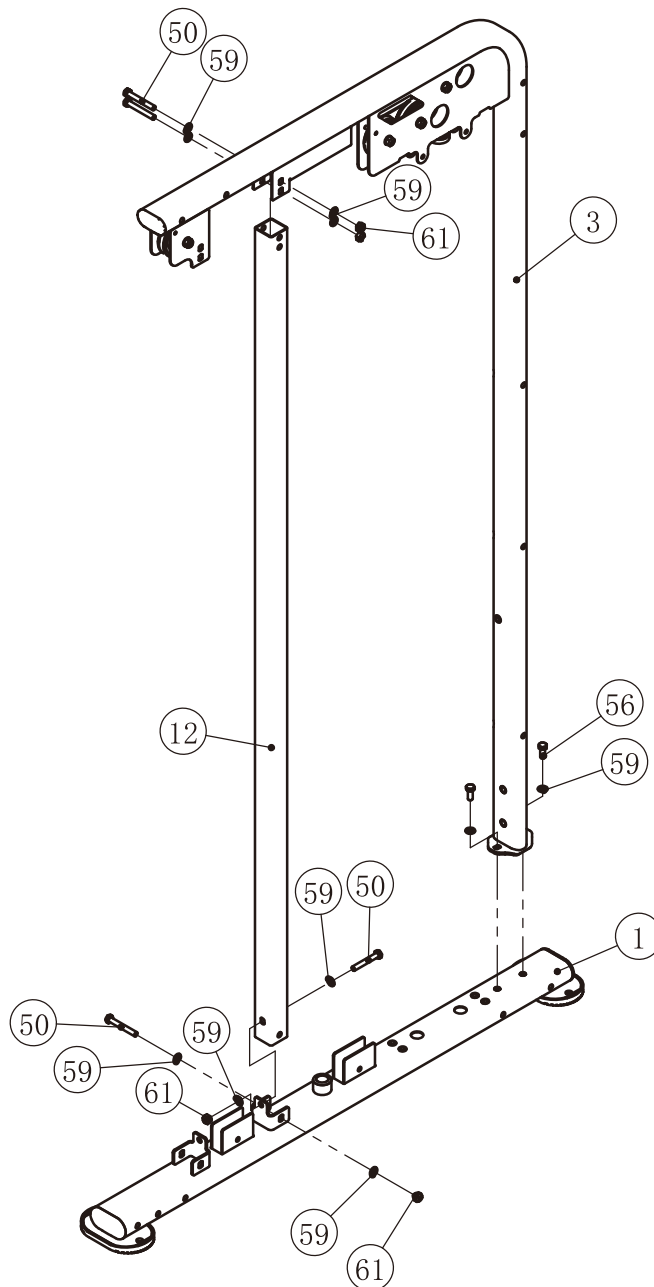
ItemNo.	Grade No.	Part No.	Description	QTY
4	23.4	GB5780M10*45DS20	Hex Head Bolt M10*45	1

Assembly

STEP 1

1. Attach the Left Standing Frame II ASSY (#3) to the Foot Frame ASSY (#1) using:
two M10*25 HHB (#56) two $\Phi 11 \times \Phi 20 \times 2$ Flat Washer (#59)
2. Attach the Smith Adjustable tube (#12) to the Left Standing Frame II ASSY (#3) and the Foot Frame ASSY (#1) using:
four M10*70 HHB (#50) eight $\Phi 11 \times \Phi 20 \times 2$ Flat Washer (#59)
four M10 Nylon Lock Nut (#61)

Note: Hand tighten Bolts and Nylon Lock Nuts until machine is fully assembled.



Assembly

STEP 2

1. Attach the Right Standing Frame II ASSY (#2) to the Foot Frame ASSY (#1) using:
two M10*25 HHB (#56) two $\Phi 11*\Phi 20*2$ Flat Washer (#59)
2. Attach the Smith Adjustable tube (#12) to the Right Standing Frame II ASSY (#2) and the Foot Frame ASSY (#1) using:
four M10*70 HHB (#50) eight $\Phi 11*\Phi 20*2$ Flat Washer (#59)
four M10 Nylon Lock Nut (#61)

Note: Hand tighten Bolts and Nylon Lock Nuts until machine is fully assembled.

