

Exploded View and Parts List

Overall

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ItemNo.	Grade No.	Part No.	Description	QTY
13	13	ES20003600	Adjustable Tube	2

Overall

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ItemNo.	Grade No.	Part No.	Description	QTY
48	48	GB5780M10*70DS20	Hex Head Bolt M10*70	12
49	49	GB5780M10*75DS20	Hex Head Bolt M10*75	4
56	56	GB5780M10*45DS20	Hex Head Bolt M10*45	4

Right Standing Frame II ASSY

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ItemNo.	Grade No.	Part No.	Description	QTY
5	2.5	GB5780M10*45DS20	Hex Head Bolt M10*45	1

Right Standing Frame I ASSY

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ItemNo.	Grade No.	Part No.	Description	QTY
2	2.1.2	026-01PL2565	Plug	1

Left Standing Frame II ASSY

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ItemNo.	Grade No.	Part No.	Description	QTY
5	3.5	GB5780M10*45DS20	Hex Head Bolt M10*45	1

Left Standing Frame I ASSY

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ItemNo.	Grade No.	Part No.	Description	QTY
2	3.1.2	026-01PL2565	Plug	1

Upper Connection Frame ASSY

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ItemNo.	Grade No.	Part No.	Description	QTY
3	5.3	GB5780M10*45DS20	Hex Head Bolt M10*45	4

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Upper Pulley Frame | ASSY

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ItemNo.	Grade No.	Part No.	Description	QTY
2	6.1.2	026-01PL2565	Plug	2

Barbell Frame ASSY

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ItemNo.	Grade No.	Part No.	Description	QTY
2	8.2	ES20004900	Plug	1

Swing Frame ASSY

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ItemNo.	Grade No.	Part No.	Description	QTY
4	17.2.4	GB5780M10*45DS20	Hex Head Bolt M10*45	2

Right Sliding Frame ASSY

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ItemNo.	Grade No.	Part No.	Description	QTY
4	17.1.4	ES20004600V1	Adjustable Plate	1

Left Sliding Frame ASSY

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ItemNo.	Grade No.	Part No.	Description	QTY
4	18.1.4	ES20004600V1	Adjustable Plate	1

Pulley Frame ASSY

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ItemNo.	Grade No.	Part No.	Description	QTY
4	24.4	GB5780M10*45DS20	Hex Head Bolt M10*45	1

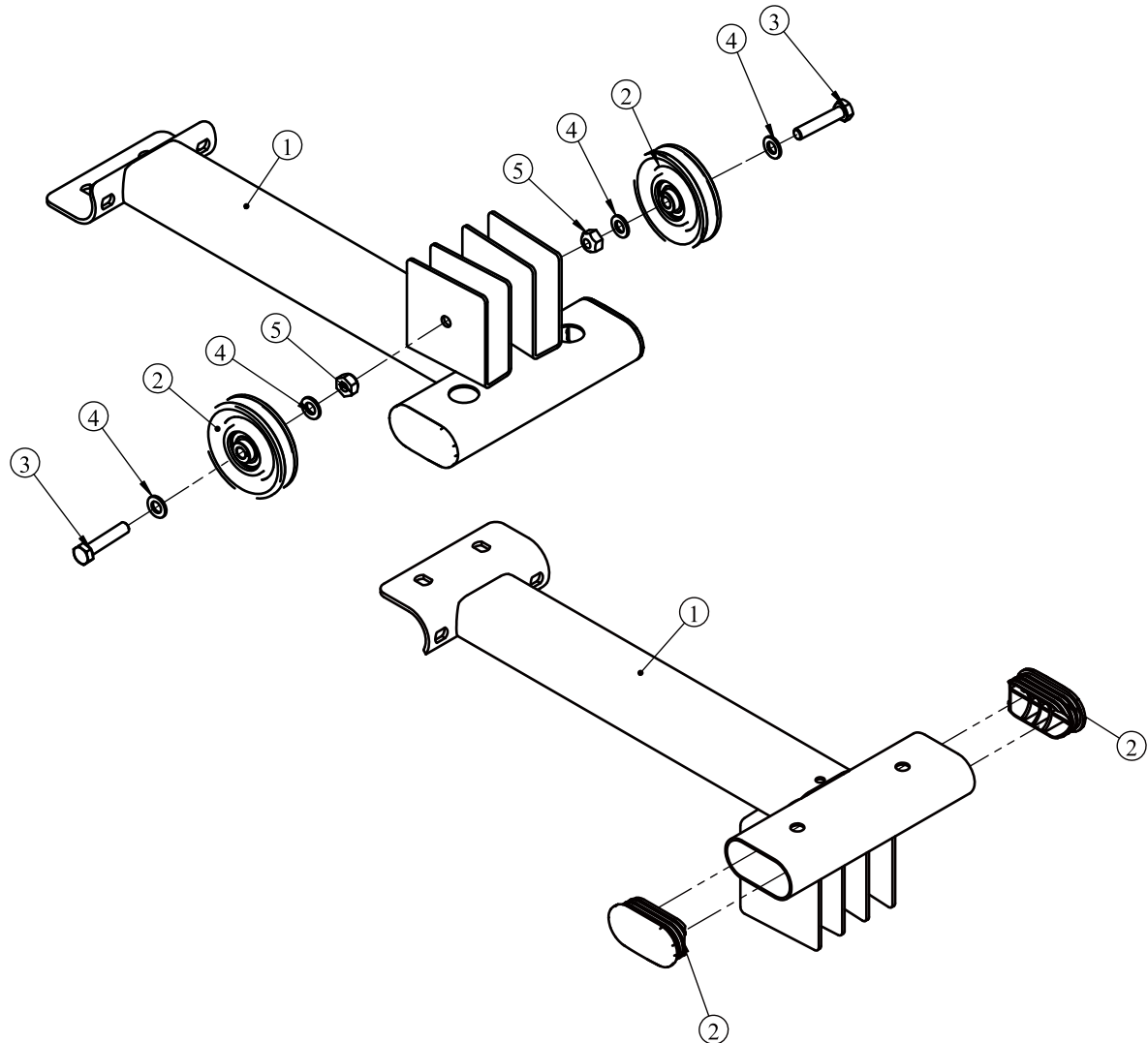
Movable Pulley Frame

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ItemNo.	Grade No.	Part No.	Description	QTY
3	25.3	GB5780M10*45DS20	Hex Head Bolt M10*45	2

Exploded View and Parts List

Upper Pulley Frame II ASSY



Upper Pulley Frame I ASSY

ItemNo.	Grade No.	Part No.	Description	QTY
1	6.1	ES20001000ASSY	Upper Pulley Frame I ASSY	1
2	6.2	M01004800V7	3.5" Pulley	2
3	6.3	GB5780M10*45DS20	Hex Head Bolt M10*45	2
4	6.4	GB9510DS2	Flat Washer $\Phi 11 * \Phi 20 * 2$	4
5	6.5	NM10DS2	Nylon Lock Nut M10	2

ItemNo.	Grade No.	Part No.	Description	QTY
1	6.1.1	ES20001000	Upper Pulley Frame	1
2	6.1.2	026-01PL2565	Plug	2

Assembly

STEP 4

1. Attach the Right Pulley Frame ASSY (#17), the Left Pulley Frame ASSY (#18) and four Nylon Spacer (#43) to two Adjustable Tube (#13) using:
 four M10*80 HHB (#54) eight $\Phi 11*\Phi 20*2$ Flat Washer (#58)
 four M10 Nylon Lock Nut (#59)
2. Attach two Adjustable Tube (#13) to the Right Standing Frame II ASSY (#2) and the Left Standing Frame II ASSY (#3) using:
 two M10*75 HHB (#49) six M10*70 HHB (#48)
 eight M10 Nylon Lock Nut (#59) sixteen $\Phi 11*\Phi 20*2$ Flat Washer (#58)

Note: Hand tighten Bolts and Nylon Lock Nuts until machine is fully assembled.

